

Have A Bold New Year!

As we head into the New Year full of promise and opportunity, I came across a compelling quote from Nelson Mandela that really started me thinking. The premise of the quote deals with facing our deepest fear, that we are powerful beyond measure. The quote really inspired me and resonated for many I have shared it with; I hope it will cause you to take action as well.

Our Deepest Fear

“Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask ourselves, who am I to be brilliant, gorgeous, talented, and fabulous? Actually, who are you *not* to be? You are a child of God. Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others.”

Nelson Mandela

Many people feel the need to shrink so as not to stand out. I challenge you to share your true self and unleash your potential this year. Make 2008 a year full of wonder and light, may you all be the brilliant, gorgeous and talented people you were meant to be. Let's all try to face our deepest fear in a bold way this year to create new possibilities and unlimited potential. Live large and shine bright, Happy New Year!

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