

Girls Just Want To Have Fun

My theme for the New Year was to have more fun! Sometimes, life has a way of passing us by and we forget to enjoy it. One of the best things I did last year was joining and organizing a book club or as my husband calls it "The Wine Club". I assure him that we are literary giants and discuss the plights of many heroines. He reminds me, that he is the one who empties the recycling bin. Okay, so we may drink a little wine while we discuss our books; no harm no foul.

The book club has proven very entertaining! We have a mix of new and old friends and family, and each month, we democratically pick our books in advance. This is a chance to read things we might not necessarily read, such as a classic or an autobiography, get to know some new people and have good food and conversation every month. More importantly, we "Belly" laugh, tell stories and share some real women bonding. I look forward to it even if I haven't finished the book.

Together we've shared, *The Secret Life of Bees*, *A Million Little Pieces*, *Wuthering Heights*, and *The Myth of You and Me*, to name a few. Some we hated, some we loved and others we quit reading when Oprah got mad. We voted on names for the book club ranging from; Drama Mamas to Diva's and Dreamers to Literary Lushes'. Members have come and gone. Some have moved and we miss them, but we come together every month and share our impressions, what inspired us, funny stories of our month gone by and some good old-fashioned fun!

I encourage all of you to have a little more fun this year, whether it is reading, a hobby or something you've been longing to try for while. Enjoy life to the fullest and add a little exuberance!

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